

APPENDIX A

METT-TC DEPENDANT

1. Worn:

- a. 1 pistol belt w/ suspenders and Poncho rolled on back
- b. 2 canteens w/ covers
- c. 1 canteen cup
- d. 2 ammo pouches
- e. 1 first aid pouch w/ dressing
- f. 1 compass w/ case (secured to pistol belt)
- g. 1 flashlight - optional
- h. 1 pair tan combat boots
- i. 1 set ACUs
- j. 1 tan belt w/ buckle
- k. 1 tan T-shirt
- l. 1 pair underwear
- m. 1 pair Army green socks
- n. 1 ACU cap (Patrol Cap)
- o. 1 set dog tags (if available) and/or ID card
- p. 1 wristwatch
- q. 1 notebook w/ pen and pencil
- r. 1 Kevlar

2. In ruck sack w/ frame:

- a. 1 pair tan combat boots
- b. 5 pair Army green socks
- c. 1 set ACUs
- d. 3 tan T-shirts
- e. 3 pair underwear
- f. 1 pair black gloves w/ inserts
- g. 1 field jacket w/ liner
- h. 1 waterproof bag
- i. 1 towel
- j. 1 shaving kit w/ soap, toothpaste, toothbrush, razor, sanitary articles
- k. additional cold weather undergarments, i.e.. heavy/light weight polypropylene, gortex
- l. PT clothes (APFU w/ BN T-shirt/Sweat Shirt, white socks-above the ankle w/ no logos, watch cap and running shoes